

### **ABHRS Board Review Course**

Wednesday, October 22, 2025 9:00 AM – 3:30 PM

(coffee starting at 8:30 AM)

Chair: Hanieh Erdmann, MD | Germany/UAE
Co-Chair: Mayank Singh, MBBS, MS, MCh, FISHRS | India

8:30AM–9:00AM 30' *Coffee* 

Students will sit at assigned tables with faculty as follows:

**Table 1:** Karl Hekimian, MD | USA

Gholamali Abbasi, MD, FISHRS | Iran

Table 2: Tim Carman, MD, FISHRS | USA

Ganesh Krishan, MD, FISHRS | UK/India

Table 3: Maxim Chumak, MD | USA

Rana Irfan, MBBS, FISHRS | Pakistan

Table 4: Randa Erfan MD, PhD | Egypt

Daniel Lee, MD | USA

Table 5:Bessam Farjo, MBChB, FISHRS | United Kingdom

Georgios Zontos, MD, PhD, FISHRS | Greece

**Table 6:** Aditya Gupta, MD, PhD, FISHRS | Canada

Mayank Singh, MBBS, MS, MCh, FISHRS | India

# **SESSION 1: WELCOME & SHORT PRESENTATIONS**

Total 60' - including 15' discussion

9:00AM-9:03AM	3'	Welcome and Introduction Chair: Hanieh Erdmann, MD   Germany/UAE Co-Chair: Mayank Singh, MBBS, MS, MCh, FISHRS   India	
9:03AM – 9:10AM	7′	Differential Diagnosis of MPHL Georgios Zontos, MD, PhD, FISHRS   Greece	
9:10AM – 9:13AM	3'	Discussion	
9:13AM – 9:20AM	7′	Local Anesthetic and Nerve Blocks / Local Anesthetic Toxicity Gholamali Abbasi, MD, FISHRS   Iran	
9:20AM – 9:23AM	3′	Discussion	
9:23AM – 9:30AM	7′	<b>Topical and Oral treatments Male Pattern Hair Loss – Pros and Cons</b> Aditya Gupta, MD, PhD, FISHRS   Canada	
9:30AM – 9:33AM	3′	Discussion	
9:33AM – 9:40AM	7′	Hair Transplantation in Scarring Alopecia Randa Erfan MD, PhD   Egypt	
9:40AM – 9:43AM	3'	Discussion	
9:43AM – 9:50AM	7'	Management of Difficult Cases Rana Irfan, MBBS, FISHRS   Pakistan	
9:50AM – 9:53AM	3′	Discussion	
9:53AM – 10:00AM	7'	Complications During and Post Hair Transplantation – Management Bessam Farjo, MBChB, FISHRS   United Kingdom	
10:00AM – 10:03AM	3'	Discussion	
10:03AM – 10:18AM	15′	Coffee Break	

# **SESSION 2: MOCK ORAL EXAM**

Each student has a turn answering an oral exam question at their table.

10:18AM – 10:25AM	7'	Mock Oral Exam Overview Daniel Lee, MD   USA
10:25AM – 10:40AM	15'	Mock Oral Exam Demonstration  Maxim Chumak, MD   USA  Mayank Singh, MBBS, MS, MCh, FISHRS   India
10:40AM – 10:45AM	5′	<b>Tips and Hints for the Exam</b> Daniel Lee, MD   USA
10:45AM – 11:00AM	15'	Mock Oral Exam Question 1
11:00AM – 11:05AM	5′	Discussion
11:05AM – 11:20AM	15'	Mock Oral Exam Question 2
11:20AM – 11:25AM	5′	Discussion
11:25AM – 11:40AM	15'	Mock Oral Exam Question 3
11:40AM – 11:45AM	5′	Discussion
11:45AM – 12:00PM	15'	Mock Oral Exam Question 4
12:00PM – 12:05PM	5′	Discussion
12:05PM – 12:20PM	15'	Mock Oral Exam Question 5
12:20PM – 12:25PM	5'	Discussion
12:25PM – 12:40PM	15'	Mock Oral Exam Question 6
12:40PM – 12:45PM	5′	Discussion
12:45PM—12:50PM	5′	Group Photo
12:50PM – 1:15PM	25'	Lunch with Faculty

### **SESSION 3: MOCK WRITTEN EXAM / KAHOOT!**

1:15PM – 1:20PM 5' Mock Written Exam Orientation

Karl Hekimian, MD | USA

1:20PM – 2:15PM **55' Mock Written Exam** 

Tim Carman, MD, FISHRS | USA Karl Hekimian, MD | USA

2:15PM – 2:35PM **20' Discussion** 

### **SESSION 4: FACULTY LIVE Q&A**

All students will have the opportunity to ask questions of faculty in two groups.

2:35PM – 2:55PM 20' **Faculty Group 1:** 

Gholamali Abbasi, MD, FISHRS | Iran

Randa Erfan MD, PhD | Egypt

Aditya Gupta, MD, PhD, FISHRS | Canada Rana Irfan, MBBS, FISHRS | Pakistan Ganesh Krishan, MD, FISHRS | UK/India

Daniel Lee, MD | USA

2:55PM – 3:15PM 20' Faculty Group 2:

Tim Carman, MD, FISHRS | USA Maxim Chumak, MD | USA

Bessam Farjo, MBChB, FISHRS | United Kingdom

Karl Hekimian, MD | USA

Georgios Zontos, MD, PhD, FISHRS | Greece

3:15PM – 3:30PM 15' Final Considerations

# **Video Lectures**

(These can be found online in the ISHRS On-Demand Advanced/Board Review Course Bundle.)

#### 1. Criteria for Certification

Karl Hekimian, MD | USA

#### 2. Written Exam

Tim Carman, MD, FISHRS | USA

#### 3. Oral Exam

Vikram Jayaprakash, BM, FISHRS | Australia

#### 4. Male Pattern Hair Loss

Vikram Jayaprakash, BM, FISHRS | Australia

#### 5. Female Pattern Hair Loss

Hanieh Erdmann, MD | Germany/UAE

#### 6. Scarring Alopecias

Nicole Rogers, MD, FISHRS | USA

# 7. Consultation and Evaluation of the Patient

Vikram Jayaprakash, BM, FISHRS | Australia

#### 8. Medical Treatment - Finasteride

Vikram Jayaprakash, BM, FISHRS | Australia

#### 9. Medical Treatment - Minoxidil

Russell Knudsen, MBBS, FISHRS | Australia

#### 10. FUT Surgery

Mayank Singh, MBBS, MS, MCh, FISHRS | India

#### 11. Hairline Design - Male

Anil K. Garg, MBBS, MS, MCh, FISHRS | India

#### 12. Hairline Design – Female

Russell Knudsen, MBBS, FISHRS | Australia

#### 13. Donor Area Planning

David S. Josephitis, DO, FISHRS | USA

#### 14. FUE Harvesting

Jennifer Krejci, MD | USA

#### 15. Long Hair FUE

Marie A. Schambach, MD, FISHRS | Guatemala

# 16. Hair Transplant into Beard and Eyebrows

Luciana Takata, MD | Brazil

#### 17. Emergency Situations

Tim Carman, MD, FISHRS | USA

#### 18. Anesthesia

Mayank Singh, MBBS, MS, MCh | India

# 19. Complications in Hair Transplant Surgery

Christopher M. D'Souza, MBBS, MSc, FISHRS | UK

#### 20. Sharp Implantation

Anastasios Vekris, MD | Greece

#### 21. Dull Implantation

Vikram Jayaprakash, BM, FISHRS | Australia

## 22. Robotic Hair Transplantation

Mark A. Bishara, MD | USA

# 23. Scalp Anatomy and Hair Physiology

Seema Garg, MBBS, MSc, FISHRS | India

## 24. Graft Preparation and Storage

Seema Garg, MBBS, MSc, FISHRS | India

# 25. Recipient Site Preparation – Logic of Planning

Parsa Mohebi, MD, FISHRS | USA

#### 26. Ethics of Hair Transplantation

Vikram Jayaprakash, BM, FISHRS | Australia